

# Sending digital photographs to your hospital consultant

## Information for patients

You are being asked to send photographs of your condition to a hospital consultant, to help them decide the best course of treatment for you. The photographs will be stored as part of your electronic health record and will not be used for any other purpose.

Emailing the photographs means that you (or the parent, carer or next of kin), understand that the photograph(s) will be added to the relevant electronic health record. The photographs will be used to help identify a diagnosis as part of a virtual clinic and will be stored in line with the NHSGGC Records Management guidance.

You can refuse this request without any adverse impact on your treatment.

### Remember to include:

- Full name of patient
- Date of birth
- CHI number if known
- Consultant name or clinic if known
- Condition if known
- Area of the body photographed

## A guide for patients taking photographs on a mobile device

### Lighting and Flash

Take the photograph in a bright room (tap the centre of the screen to get the correct exposure), or use the flash setting on the device (⚡). Do not have the device facing towards a window or light.

### Position

Take the photograph straight on and keep the area of interest in the middle of the screen (don't miss any of it out).

### Background

Avoid having clutter in the background of the photograph. A plain wall provides a good clear background.



### Focus

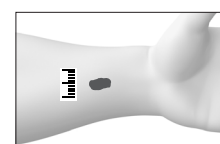
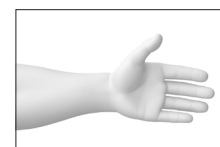
Make sure the image is sharp and in focus. Don't hold the camera too close as that can make the image blurry.

### Area of interest

For each area of interest, take one photograph to show the wider location.

### Close-up

Then take a more detailed photograph to show the area of interest more clearly. You can place an item such as a coin or ruler near the area to give an idea of size.



Please send the photographs within 48 hours of seeing your doctor, to:

**[mim.requests@ggc.scot.nhs.uk](mailto:mim.requests@ggc.scot.nhs.uk)**